

# CHAPRA BANGALJHI MAHAVIDYALAYA

Bangaljhi, Nadia



## EXTENSION ACTIVITIES

SESSION: 2021-22

**Metric: 3.3.1–Following extension activities are carried out in the neighborhood community, sensitizing students to social issues, for their holistic development, and impact thereof during the year 2021-22:**

Sl. No	Date	Title of the Programme	Organized By	Nature of the Programme
1	14.08.2021	Kanyashree Award Distribution.	DM office	Achievement
2	10.09.2021	Competition on Slogan Writing	Electoral Literacy Club	Awareness
3	23.10.2021 to 31.10.2021	Clean India Programme	NSS Unit	Extension
4	15.11.2021	Campus Cleaning for COVID Protocol	NSS with Chapra Manab Kalyan Sanstha	Extension
5	16.11.2021	Covid 19 Awareness	NSS Unit	Awareness
6	20.12.2021	West Bengal Student Credit Card	IQAC	Awareness
7	27.12.2021	Clean India Programme	NSS	Awareness
8	27.12.2021	West Bengal Student Credit Card	IQAC	Awareness
9	17.02.2022	Swachha Bharat Abhiyan (Cleanliness)	NSS Unit	Awareness
10	18.02.2022	Dengue Awareness Campaign	NSS Unit	Awareness
11	20.02.2022	Swachha Bharat Abhiyan	NSS Unit	Awareness
12	22.02.2022	AIDS Awareness	NSS Unit	Awareness
13	23.02.2022	Old age problem Awareness	NSS Unit	Awareness
14	08.03.2022	Women's Day Celebration	Department of Pol. Science, Gender Sensitization Cell and NSS Unit	Seminar
15	21.03.2022	Teaching Aid Distribution	NSS Unit	Extension
16	28.03.2022	Clothe Distribution	NSS Unit	Extension
17	29.03.2022	Blood Donation Camp	NSS Unit	Extension
18	04.04.2022	Menstrual Hygiene Training for Girls	Kanyashree Club in collaboration with Unicharm India, GHF	Awareness
19	21.06.2022	International Day of Yoga	NSS Unit	Extension
20	23.06.2022	International Day against Drug Abuse and Illicit Trafficking (26.06.2022)	Student's Health Home & Anti-Narcotic Cell, Chapra Excise Department	Seminar



Niranjana  
Principal  
01/08/22

Chapra Bangaljhi Mahavidyalaya

Principal  
Chapra Bangaljhi Mahavidyalaya  
Chapra, Nadia.

# CHAPRA BANGALJHI MAHAVIDYALAYA

Bangalji, Nadia

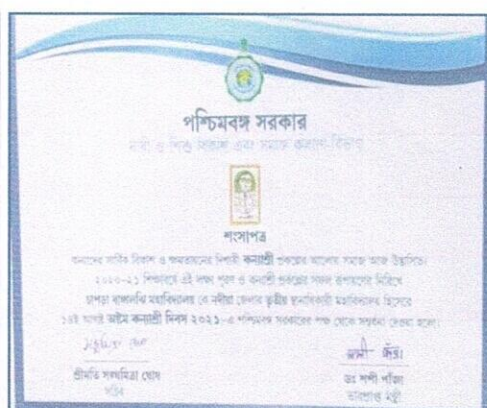


## EXTENSION ACTIVITIES

SESSION: 2021-22

### REPORT OF THE PROGRAMME (Sl. No.1)

**Name of the Programme** : Kanyashree Award Distribution  
**Organized by** : Women and Child Development and Social Welfare, West Bengal Government.  
**Date** : 14.08.2021  
**Place** : Zila Parishad, Nadia



Kanyashree Prakalpa was initiated by West Bengal Government for the girl child's education and welfare. This is a matter of pride that Chapra Bangalji Mahavidyalaya placed third position for the best performance in Kanyashree Prakalpa for the Kanyashree year 2020-2021 under Nadia district. The principal of the institution received the award from District magistrate, Nadia, District Project Management Unit, Kanyashree Prakalpa, Nadia in a programme organized by Women and Child Development and Social Welfare, West Bengal Government on 14<sup>th</sup> August Ashtam Kanyashree Divas 2021.



*Shakti Dutta*

Signature of the Programme Co-ordinator



# CHAPRA BANGALJHI MAHAVIDYALAYA

Bangaljhi, Nadia



## EXTENSION ACTIVITIES

SESSION: 2021-22

### REPORT OF THE PROGRAMME (Sl. No.2)

**Name of the Programme** : Competition on Slogan Writing  
**Organized by** : Electoral Literacy Club, Chapra Bangaljhi Mahavidyalaya  
**Supported by** : IQAC, Chapra Bangaljhi Mahavidyalaya  
**Date** : 10.09.2021  
**No of Students Participated** : 36



An online slogan writing competition was organized by the Electoral Literacy Club of Chapra Bangaljhi Mahavidyalaya to spread voter awareness among students. The programme was supported by Internal Quality Assurance cell of the institution. The topic of the slogan competition was Awareness of Voting Right. Students participated in this competition by sending slogan through Google link. 36 students participated in this competition. Winners of the Programme were rewarded with medals and certificates.



*Swaraj Bahuli*

Signature of the Programme Co-ordinator

# CHAPRA BANGALJHI MAHAVIDYALAYA

Bangaljhi, Nadia



## EXTENSION ACTIVITIES

SESSION: 2021-22

### REPORT OF THE PROGRAMME (Sl. No.3)

Name of the programme : Clean India Programme  
Organized by : NSS Unit, Chapra Bangaljhi Mahavidyalaya  
Date : 23.10.2021 – 31.10.2021  
Venue : College Campus and Adjoining areas  
No of Students Participated : 45



Clean India Programme was launched by the Prime Minister Narendra Modi on 2<sup>nd</sup> October, 2014. On this day, the Prime Minister paid homage to the two great sons of Mother India Mahatma Gandhi and former Prime Minister Lal Bahadur Shastri. The Prime Minister Narendra Modi along with his cabinet ministers swept the streets of the capital with brooms. He also inspired people to fulfil Mahatma Gandhi's dream of clean India. The same scene was witnessed in almost all the cities and towns throughout the country. On this occasion The NSS unit of this institution organized nine days Cleaning Programme in the college campus. Programme officer Moslem Uddin Mollah urged students to perform their duty as responsible citizens towards keeping their country clean. 45 volunteers gathered on the programme.



*Moslem Uddin Mollah*

Signature of the Programme Co-ordinator



# CHAPRA BANGALJHI MAHAVIDYALAYA

Bangalji, Nadia

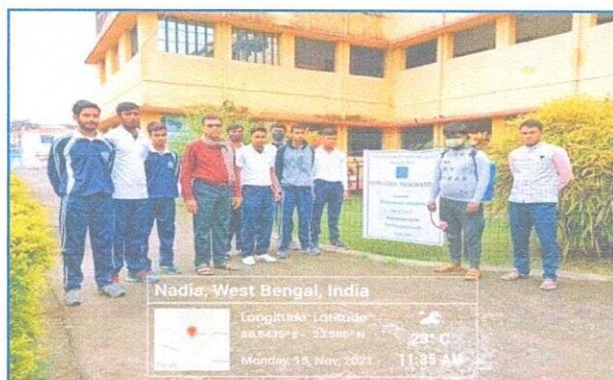


## EXTENSION ACTIVITIES

SESSION: 2021-22

### REPORT OF THE PROGRAMME (Sl. No.4)

**Name of the Programme** : Campus Cleaning for Covid Protocol  
**Organised by** : NSS Unit, Chapra Bangalji Mahavidyalaya in collaboration with Chapra Manabkalyan Sanstha  
**Supported by** : IQAC, Chapra Bangalji Mahavidyalaya  
**Place** : Chapra Bangalji Mahavidyalaya  
**Date** : 15.11.2021  
**No of Students Participated** : 65



A cleaning program of the college campus was organized by the NSS unit of Chapra Bangalji Mahavidyalaya in collaboration with Chapra Manabkalyan Sanstha with the support of IQAC, Chapra Bangalji Mahavidyalaya on 15<sup>th</sup> November, 2021 prior to the opening of the institution after a post-covid lockdown period of almost 18 months. The aim of the program was to sanitize the institution before the starting of the academic classes from 16<sup>th</sup> November, 2021. The aim of the program was also to follow the government instructions and norms which were circulated to all the educational institutions of the state to fully sanitize the campus, classrooms etc to avoid any further problems related to covid after the start of the academic classes. The NSS unit and the Chapra Manabkalyan Sanstha took the initiative and completed the sanitization process on the given date. 65 students gathered on the programme.



*Mst. Hemudhin Mohan*  
Signature of the Programme Coordinator

# CHAPRA BANGALJHI MAHAVIDYALAYA

Bangalji, Nadia

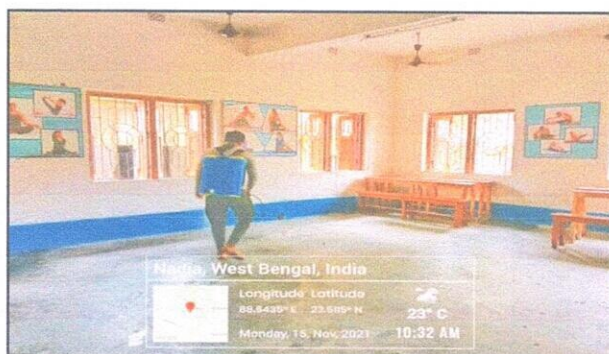


## EXTENSION ACTIVITIES

SESSION: 2021-22

### REPORT OF THE PROGRAMME (Sl. No.5)

**Name of the Programme** : Covid 19 Awareness  
**Organised by** : NSS Unit, Chapra Bangalji Mahavidyalaya  
**Supported by** : IQAC, Chapra Bangalji Mahavidyalaya  
**Place** : Chapra Bangalji Mahavidyalaya  
**Date** : 16.11.2021  
**No of Students Participated** : 205



An awareness programme on Covid 19 was organized by the NSS unit of Chapra Bangalji Mahavidyalaya on 16<sup>th</sup> November, 2021 at the starting of the institution after a post-covid lockdown period of almost 18 months. The programme was supported by IQAC, Chapra Bangalji Mahavidyalaya. The aim of the program was to make the students aware about covid protocols they have to abide by in the college campus to avoid any further problems related to co-vid after the start of the academic classes. 205 students present at that day attended the Covid 19 awareness programme.



*Moslemuddin*  
Signature of the Programme Coordinator



# CHAPRA BANGALJHI MAHAVIDYALAYA

Bangalji, Nadia



## EXTENSION ACTIVITIES

SESSION: 2021-22

### REPORT OF THE PROGRAMME (Sl. No.6)

Name of the Programme : West Bengal Student Credit Card Scheme  
Organised by : IQAC, Chapra Bangalji Mahavidyalaya  
Supported by : IQAC, Chapra Bangalji Mahavidyalaya  
Place : Chapra Bangalji Mahavidyalaya  
Date : 20.12.2021  
No of Students Participated : 201



As per the instruction from Higher Education Department, the first weekly Awareness Programme on west Bengal Student Credit Card Scheme held on 20<sup>th</sup> December, 2021 Monday in the college. The programme started at its scheduled time at 12:00 noon at room no. 15. Mrs. Indrani Biswas, Department of Geography conducted the dais nicely. At the very beginning, Chairperson of the programme ,Dr Niranjana Guha, Principal, Chapra Bangalji Mahavidyalaya oriented the students about the programme briefly. After that Jishnu Sar, Assistant Professor of Department of Geography and Nodal officer of WBSCC gave a presentation and discussed elaborately about West Bengal Student Credit Card Scheme. He made the students aware about the benefits and some common mistakes that are frequently committed by the applicants. WBSCC Help desk Officer Dr. Piyali Bhattacharya, Assistant Professor, department of Bengali in her speech encouraged the students to apply for the scheme and get its benefit. Total 201 students participated in the programme. The programme ended successfully with a question answer session.



*Jishnu Sar*

Signature of the Programme Coordinator

# CHAPRA BANGALJHI MAHAVIDYALAYA

Bangaljhi, Nadia



## EXTENSION ACTIVITIES

SESSION: 2021-22

### REPORT OF THE PROGRAMME (Sl. No.7)

**Name of the Programme** : Clean India Programme  
**Organised by** : NSS Unit, Chapra Bangaljhi Mahavidyalaya  
**Supported by** : IQAC, Chapra Bangaljhi Mahavidyalaya  
**Place** : Chapra Bangaljhi Mahavidyalaya  
**Date** : 27.12.2021  
**No of Students Participated** :45



Clean India programme was launched by the Prime Minister Narendra Modi on 2<sup>nd</sup> October, 2014. On this day, the Prime Minister paid homage to the two great sons of Mother India Mahatma Gandhi and former Prime Minister Lal Bahadur Shastri. The Prime Minister Narendra Modi along with his cabinet ministers swept the streets of the capital with brooms. He also inspired people to fulfil Mahatma Gandhi's dream of clean India. The same scene was witnessed in almost all the cities and towns throughout the country. On this occasion The NSS unit of this institution assembled in the College on 27.12.2021 at 11:00 am and the programme was started. After that a lecture was delivered about the cleanliness to make the volunteers and neighbours aware. Programme officer Moslem Uddin Mollah urged students to perform their duty as responsible citizens towards keeping their country clean. 45 volunteers gathered on that day.



*Moslem Uddin Mollah*  
Signature of the Programme Coordinator



# CHAPRA BANGALJHI MAHAVIDYALAYA

Bangaljhi, Nadia



## EXTENSION ACTIVITIES

SESSION: 2021-22

### REPORT OF THE PROGRAMME (Sl. No.8)

**Name of the Programme** : West Bengal Student Credit Card Scheme  
**Organised by** : IQAC, Chapra Bangaljhi Mahavidyalaya  
**Supported by** : IQAC, Chapra Bangaljhi Mahavidyalaya  
**Place** : Chapra Bangaljhi Mahavidyalaya  
**Date** : 27.12.2021  
**No of Students Participated** : 201



The second week of Awareness Programme on West Bengal Student Credit Card Scheme was organized by IQAC on 27<sup>th</sup> December, 2021 Monday in the college. The programme started at its scheduled time at 12:00 noon at room no. 15. Mr. Basudeb Ghosh, Teacher of Department of Bengali conducted the dias nicely. At the very beginning, Chairperson of the programme, Dr. Niranjana Guha, Principal, Chapra Bangaljhi Mahavidyalaya oriented the students about the programme briefly. After that Jishnu Sar, Assistant Professor of Department of Geography and Nodal officer of WBSCC gave a presentation and discussed elaborately about West Bengal Student Credit Card Scheme. He made the students aware about the benefits and some common mistakes that are frequently committed by the applicants. WBSCC Help desk Officer Dr. Piyali Bhattacharya, assistant Professor, department of Bengali in her speech encouraged the students to apply for the scheme and get its benefit. Total 201 students participated in the programme. The programme ended successfully with a question answer session.

*Jishnu Sar*

Signature of the Programme Coordinator



# CHAPRA BANGALJHI MAHAVIDYALAYA

Bangalji, Nadia



## EXTENSION ACTIVITIES

SESSION: 2021-22

### REPORT OF THE PROGRAMME (Sl. No.9)

Name of the Programme : Swachha Bharat Abhiyan  
Organised by : NSS Unit, Chapra Bangalji Mahavidyalaya  
Supported by : IQAC, Chapra Bangalji Mahavidyalaya  
Place : Chapra Bangalji Mahavidyalaya  
Date : 17.02.2022  
No of Students Participated : 42



NSS unit of Chapra Bangalji Mahavidyalaya have organised the Swachh Bharat Abhiyan programme to spread awareness on keeping our India clean on the order of our honourable prime minister. The NSS volunteers cleaned the whole campus of Chapra Bangalji Mahavidyalaya and placed some placards bearing some awareness slogans such as 'Keep College Campus Clean and Keep environment fit for study'. Principal Dr. Niranjana Guha said a few words on Swachh Bharat. 42 volunteers gathered on that day.



*Moslemuddin Khan*  
Signature of the Programme Coordinator



# CHAPRA BANGALJHI MAHAVIDYALAYA

Bangaljhi, Nadia



## EXTENSION ACTIVITIES

SESSION: 2021-22

### REPORT OF THE PROGRAMME (Sl. No.10)

Name of the Programme : Dengue Awareness Campaign  
Organised by : NSS Unit, Chakra Bangalji Mahavidyalaya  
Supported by : IQAC, Chakra Bangalji Mahavidyalaya  
Place : Chakra Bangalji Mahavidyalaya  
Date : 18.02.2022  
No of Students Participated : 78



With a view to combat the dangerous and deadly disease dengue, The NSS unit of this institute arranged a "Dengue Awareness Campaign". The most effective way to get rid of dengue is awareness among the masses. The volunteers assembled at 11:00am at College Campus and started dengue awareness campaign. They went door to door campaigning in the locality beside the college. "We can conquer against dengue" – was the message. We also distributed pamphlets among the masses. The programme officer, Sri Moslem Uddin Mollah delivered a speech and he also advised the students and people how to prevent dengue and what measure should be taken to make the people aware about dengue. He also explained to the NSS volunteers the importance of Cleanliness. 78 volunteers participated in this programme.



*Moslem Uddin Mollah*  
Signature of the Programme Coordinator

# CHAPRA BANGALJHI MAHAVIDYALAYA

Bangaljhi, Nadia



## EXTENSION ACTIVITIES

SESSION: 2021-22

### REPORT OF THE PROGRAMME (Sl. No.11)

Name of the Programme : Swachha Bharat Abhiyan  
Organised by : NSS Unit, Chapra Bangaljhi Mahavidyalaya  
Supported by : IQAC, Chapra Bangaljhi Mahavidyalaya  
Place : Chapra Bangaljhi Mahavidyalaya  
Date : 20.02.2022  
No of Students Participated : 75



The NSS volunteers gathered in the college Campus under the leadership of the programme officers Moslem Uddin Mollah to clean our college campus and aware the students and Staffs of Chapra Bangaljhi Mahavidyalaya about “Swachha Bharat Abhiyan” on 20<sup>th</sup> February, 2022. In this programme they cleaned the whole campus of Chapra Bangaljhi Mahavidyalaya and at the same time we placed some placards bearing awareness slogans such as “It is your campus, Keep it Clean”. 75 volunteers participated in this programme.



*Moslem Uddin Mollah*  
Signature of the Programme Coordinator



# CHAPRA BANGALJHI MAHAVIDYALAYA

Bangaljhi, Nadia

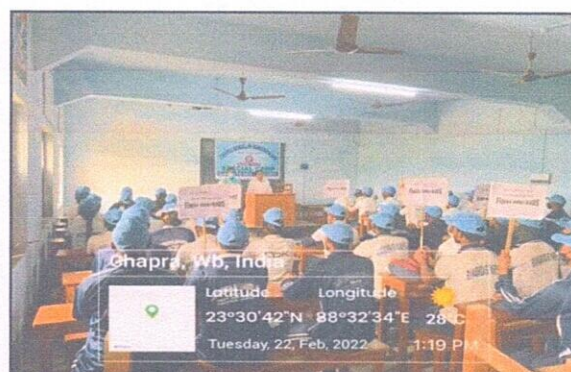


## EXTENSION ACTIVITIES

SESSION: 2021-22

### REPORT OF THE PROGRAMME (Sl. No.12)

**Name of the Programme** : AIDS Awareness  
**Organised by** : NSS Unit, Chapra Bangalji Mahavidyalaya  
**Supported by** : IQAC, Chapra Bangalji Mahavidyalaya  
**Place** : Chapra Bangalji Mahavidyalaya  
**Date** : 22.02.2022  
**No of Students Participated** : 60



The NSS Unit of this institution organised an AIDS awareness programme in collaboration with Manab Kalyan Sangstha, chapra, Nadia. A seminar was held at the College Seminar Hall. The welcome speech was given by Dr. Niranjana Guha, Principal of this institution. Our guest, Arun Chakraborty delivered a lecture and discussed how to prevent this dreadful disease in our Society. He also tried to aware the people about the Myth and facts related to AIDS. Programme Officer Moslem Uddin Mollah delivered a lecture among the students and made them aware on HIV/AIDS issues. About 60 volunteers participated in it and they shared their knowledge about AIDS with the villagers. Students took part in an interaction & cleared their misconception e.g. 'mosquito bite cannot spread HIV', 'close kiss cannot spread HIV', 'sharing cloths cannot spread HIV' etc.



*Moslem Uddin Mollah*  
Signature of the Programme Coordinator

# CHAPRA BANGALJHI MAHAVIDYALAYA

Bangaljhi, Nadia



## EXTENSION ACTIVITIES

SESSION: 2021-22

### REPORT OF THE PROGRAMME (Sl. No.13)

**Name of the Programme** : Old age Problem Awareness  
**Organised by** : NSS Unit, Chapra Bangaljhi Mahavidyalaya  
**Supported by** : IQAC, Chapra Bangaljhi Mahavidyalaya  
**Place** : Chapra Bangaljhi Mahavidyalaya  
**Date** : 23.02.2022  
**No of Students Participated** : 66



The NSS volunteers assembled at the scheduled place at 11:00 am and then the programme was started on Old age problem Awareness under the supervision of the programme officer, Sri. Moslem Uddin Mollah, SACT, Chapra Bangaljhi Mahavidyalaya. He delivered a speech about the awareness programme. Then Tiffin break was given. A seminar cum discussion on this topic was held. Most of the students have tried to aware the local people about the myth and facts related to old age problem. 66 students participated in this programme.



*Moslem Uddin Mollah*  
Signature of the Programme Coordinator



# CHAPRA BANGALJHI MAHAVIDYALAYA

Bangaljhi, Nadia

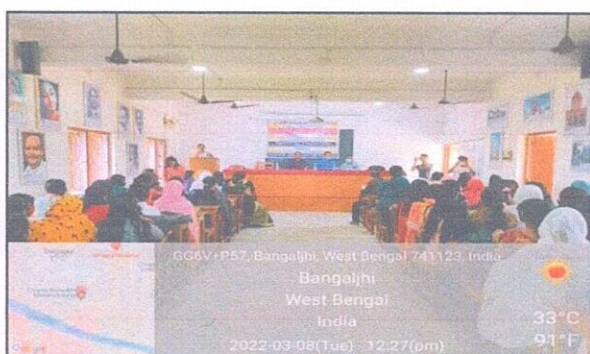
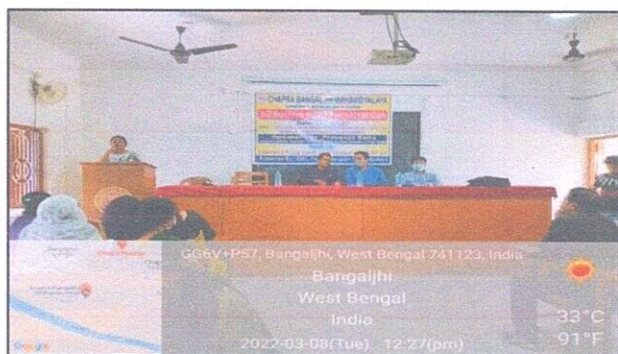


## EXTENSION ACTIVITIES

SESSION: 2021-22

### REPORT OF THE PROGRAMME (Sl. No.14)

**Name of the Programme** : Women's Day Celebration  
**Organised by** : Department of Pol. Science, Gender Sensitization Cell and NSS Unit  
**Supported by** : IQAC, Chapra Bangalji Mahavidyalaya  
**Place** : Chapra Bangalji Mahavidyalaya  
**Date** : 08.03.2022  
**No of Students Participated** : 79



A seminar was organized in the Nadia Kaksha of Chapra Bangalji Mahavidyalaya for the celebration of International Women's Day on 8th March, 2022. The Programme was organized jointly by The Department of Political Science, Gender Sensitization cell and NSS Unit of this college with the support of IQAC. The topic of the seminar was Relevance of women's Day Celebration with Special Reference to 75 Year of Indian Independence. Principal Dr. Niranjana Guha inaugurated the programme. The speaker of the seminar was Dr. Prosenjit Saha, Assistant Professor, Department of Political Science, Karimpur Pannadevi College, Nadia. He delivered his lecture on the topic of the seminar. 105 students from several stream of the college joined the programme. Teachers of all the departments also were present in the occasion. The programme was a grand success with an interactive session at the end. 79 students participated in this programme.



*Oindrila Biswas Mondal.*

Signature of the Programme Coordinator

# CHAPRA BANGALJHI MAHAVIDYALAYA

Bangaljhi, Nadia



## EXTENSION ACTIVITIES

SESSION: 2021-22

### REPORT OF THE PROGRAMME (Sl. No.15)

**Name of the Programme** : Teaching Aid distribution Programme.  
**Organised by** : NSS Unit, Chapra Bangaljhi Mahavidyalaya.  
**Supported by** : IQAC, Chapra Bangaljhi Mahavidyalaya  
**Place** : Chapra Bangaljhi Mahavidyalaya  
**Date** : 21.03.2022  
**No of Students Participated** : 19



A Teaching Aid Distribution Programme was arranged by NSS Unit, Chapra Bangaljhi Mahavidyalaya with the support of Internal Quality assurance cell on 21.03.2022. Learning aid materials like pen, pencil, colour boxes were distributed among the students of Durgapur Primary school by the NSS Unit. Student of NSS enthusiastically participated in this extension programme. Smiling faces of little students after getting the teaching aids made the programme successful. 19 students participated in this programme.



*Moslemuddin*  
Signature of the Programme Coordinator



# CHAPRA BANGALJHI MAHAVIDYALAYA

Bangaljhi, Nadia



## EXTENSION ACTIVITIES

SESSION: 2021-22

### REPORT OF THE PROGRAMME (Sl. No.16)

**Name of the Programme** : Clothe Distribution Programme.  
**Organised by** : NSS Unit, Chapra Bangaljhi Mahavidyalaya.  
**Supported by** : IQAC, Chapra Bangaljhi Mahavidyalaya  
**Place** : Chapra Bangaljhi Mahavidyalaya  
**Date** : 28.03.2022  
**No of Students Participated** : 32



A Clothes Distribution Programme was arranged by NSS Unit, Chapra Bangaljhi Mahavidyalaya with the support of Internal Quality assurance cell on 28.03.2022. Students went to a brick making factory at Simanagar nearby place of the institution. The workers of the factory were needy and unprivileged. New clothes were distributed among them by the students of NSS. Students of NSS of the institution enthusiastically participated in this extension programme. Smiling faces of those needy people after getting the clothes made the programme successful. 32 students participated in this programme.



*Mohammed Akmal*  
Signature of the Programme Coordinator

# CHAPRA BANGALJHI MAHAVIDYALAYA

Bangaljhi, Nadia



## EXTENSION ACTIVITIES

SESSION: 2021-22

### REPORT OF THE PROGRAMME (Sl. No.17)

Name of the Programme : Blood Donation Camp  
Organised by : NSS Unit, Chapra Bangaljhi Mahavidyalaya  
Supported by : IQAC, Chapra Bangaljhi Mahavidyalaya  
Place : Chapra Bangaljhi Mahavidyalaya  
Date : 29.03.2022  
No of Students Participated : 42



A blood donation camp was organized by the NSS unit of Chapra Bangaljhi Mahavidyalaya. The programme was inaugurated by the honorable Principal Dr. Niranjana Guha. After that the programme coordinator discussed briefly the necessity of arranging blood donation camp. Efficient doctors were present at the camp for collecting blood. 87 donors including teachers and students donated blood that day and made the camp successful. 42 students participated in this programme.



*Moslemi idn moka*  
Signature of the Programme Coordinator



# CHAPRA BANGALJHI MAHAVIDYALAYA

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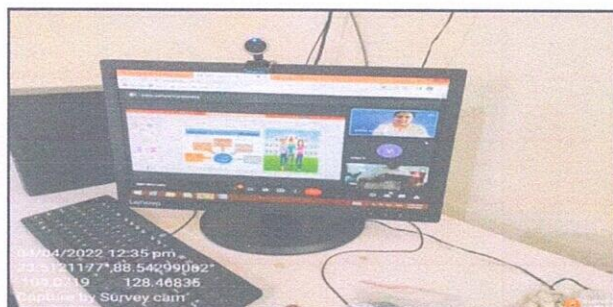


## EXTENSION ACTIVITIES

SESSION: 2021-22

### REPORT OF THE PROGRAMME (Sl. No.18)

**Name of the Programme** : Menstrual Hygiene Training for Girls  
**Organised by** : Kanyashree Club in collaboration with Unicharm India, GHF  
**Supported by** : IQAC, Chapra Bangaljhi Mahavidyalaya  
**Place** : Chapra Bangaljhi Mahavidyalaya  
**Date** : 04.04.2022  
**No of Students Participated** : 56



A programme was organised by Kanyashree Club on 04.04.2022 in collaboration with Unicharm India, Global Hunt Foundation at room no 03 of the institution at 12.30 p.m. The theme of the programme was "Menstrual Hygiene Training for Girls". The key speaker of the programme was Ms. Ankita Sukhwal who presented a paper on the topic. She discussed on the various issues related to the menstruation. She highlighted in her presentation about the benefit different yoga posture practice and advised the girls to use sanitary napkins. She spoke on why menstrual hygiene awareness is needed to eradicate the social taboos related to it. The programme ended with question answer session. The session was very impressive and effective. 56 students participated in this programme.



*Shakti Choudhary*  
Signature of the Programme Coordinator



# CHAPRA BANGALJHI MAHAVIDYALAYA

Bangaljhi, Nadia



## EXTENSION ACTIVITIES

SESSION: 2021-22

### REPORT OF THE PROGRAMME (Sl. No.19)

Name of the Programme : International Day of Yoga  
Organised by : NSS Unit, Chapra Bangalji Mahavidyalaya  
Supported by : IQAC, Chapra Bangalji Mahavidyalaya  
Place : Chapra Bangalji Mahavidyalaya  
Date : 21.06.2022  
No of Students Participated : 73



International Yoga Day is observed every year on June 21 to raise awareness about this ancient practice and to celebrate the physical and spiritual prowess that yoga has brought to the world. Yoga is a practice which plays an important role in relaxing the mind and body and boosting people's immune system. On this occasion today 21.06.2022 the NSS Unit of this institution arranged a seminar. The event began with a brief introduction on Yoga Day by Dr. Niranjana Guha, Principal. Warm up exercises were taken and all the students practiced & performed sitting and standing asanas. All Faculties, Staff and students were taught the importance of Yoga in their life & how to maintain the harmony between body and mind. Dr. Kajal Ganguli delivered a speech on importance of Yoga. He discussed the importance of yoga in our daily life. The students exhibited yoga postures and promised to practice this activity in their daily lives. The function ended with a vote of thanks by Programme officer, Sri. Moslem Uddin Mollah. 73 students participated in this programme.



*Moslem Uddin Mollah*  
Signature of the Programme Coordinator



**Bangaljhi, Nadia**



## EXTENSION ACTIVITIES

SESSION: 2021-22

### REPORT OF THE PROGRAMME (Sl. No.20)

**Name of the Programme** : International Day against Drug Abuse and Illicit Trafficking  
(26.06.2022)

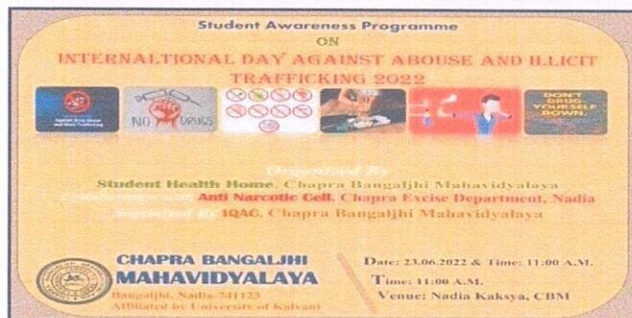
**Organised by** : NSS Unit, Chapra Bangalji Mahavidyalaya

Supported by : IQAC, Chapra Bangalji Mahavidyalaya

**Place** : Chapra Bangalji Mahavidyalaya

Date : 23.06.2022

**No of Students Participated : 175**



A seminar was organized in the Nadia Kaksha of Chapra Bangalji Mahavidyalaya on the occasion of International Day against Drug Abuse and Illicit Trafficking 2022 on 23<sup>rd</sup> June, 2022. The Programme was organized by the Students Health Home, Chapra Bangalji Mahavidyalaya With the support of IQAC. The topic of the seminar was Drug Abuse and Illicit Trafficking. Principal, Dr Niranjana Guha inaugurated the programme. The speaker of the seminar was Ashis Das, Deputy excise collector, KED, Sadhan Das, Officer –in-Charge of Excise department, Chapra, Suravi Biswas, Assistant Professor, Department of English, Shakti Dutraj, Assistant Professor of Geography, Chapra Bangalji Mahavidyalaya. They beautifully delivered their lecture on the topic of the seminar. Teachers of all the departments also were present. The programme was a grand success with an interactive session at the end. 175 students from several stream of the college joined the programme.



Signature of the Programme Coordinator