#### **NSS UNIT**

#### PROGRAMME LIST

SESSION: 2022-23

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Channa Rangailh Mahavinyalava P. L. B. 1940 P.S. Chapia, D.M. Naba

Signature of Principal

## Activity-I

Name of the programme : Clean India Programme

 Organized by
 : NSS Unit

 Date
 : 01.09.2022

 Venue
 : College Campus

 Time
 : 11:00 am - 02:00 pm

No of Students Participated: 39

### Report of the programme:

The NSS volunteers gathered in the college Campus under the leadership of the programme officer Moslem Uddin Mollah to clean our college campus and aware the students and Staffs of Chapra Bangaljhi Mahavidyalaya about "Clean India Programme" on 1<sup>st</sup> September, 2022. In this programme they cleaned the whole campus of Chapra Bangaljhi Mahavidyalaya and at the same time we placed some placards bearing awareness slogans such as "It is your campus, Keep it Clean". 39 volunteers participated in this programme.

Signature of Programme Officer

Chapra Bangalihi Mahavidyalaya F O. Bangalihi P.S. Chapra Dist. Nada Signature of Principal

# **Activity-II**

Name of the programme

: Dengue Awareness Campaign

Organized by

: NSS Unit

Date

: 21.09.2022 : College Campus

Venue

Time

: 11:00 am - 02:00 pm

No of Students Participated: 28

### Report of the programme:

With a view to combat the dangerous and deadly disease dengue, The NSS unit of this institute arranged a "Dengue Awareness Campaign". The most effective way to get rid of dengue is awareness among the masses. The volunteers assembled at 11:00am at College Campus and started dengue awareness campaign. They went door to door campaigning in the locality beside the college. "We can conquer against dengue" - was the message. They also distributed leaflets among the masses. The programme officer, Sri. Moslem Uddin Mollah delivered a speech and he also advised the students and people how to prevent dengue and what measure should be taken to make the people aware about dengue. He also explained to the NSS volunteers the importance of Cleanliness. 28 volunteers participated in this programme.

Chapra Bangal hi Mahavidyalaya P.O. Bangain, P.S. Chapra, Dist. Nach. Signature of Principal

# **Activity-III**

Name of the programme

: Garden Cleanliness Programme

Organized by

: NSS Unit

Date

: 28.11.2022

Venue

: College Campus

Time

: 11:00 am - 02:00 pm

No of Students Participated: 38

### Report of the programme:

The NSS volunteers have organised a Garden Cleanliness Programme with the objective to clean our college campus Gardens. The NSS volunteers cleaned the whole campus of Chapra Bangaljhi Mahavidyalaya and placed some placards bearing some awareness slogans such as 'Keep College Campus Clean and Keep environment fit for study'.38 volunteers participated in this programme.

Signature of Programme Officer

Chapra Bangai hi Mahavidyalaka In O. Bangaihi P.S. Chapra, Dist. Nada Signature of Principal

# **Activity-IV**

Name of the programme

: Republic Day

Organized by

: NSS Unit

Date

: 26.01.2023

Venue

: College Campus

Time

: 08:30 am - 11:00 am

No of Students Participated: 44

#### Report of the programme:

NSS unit of Chapra Bangaljhi Mahavidyalaya have celebrated the Republic Day on 26<sup>th</sup> January, 2023. A rally was arranged from the institution campus up to Chapra Hospital. After that, with the presence of teachers, non-teaching staffs and NSS volunteers National flag was unfurled by the Principal Dr. Niranjan Guha. National Anthem was sung by all presence there. He delivered a speech on the significance of that day. The programme officer, Moslem Uddin Mollah also delivered a brief speech. At the end of the programme, sweets were distributed among the teachers, students and NSS volunteers. 44 volunteers gathered on that day.

Signature of Programme Officer

Chapra Bangaini Mahavidyalaya P.O. Bangaini P.S. Chapra Dist. Nadia Signature of Principal

# Activity-V

Name of the Programme

: World No Tobacco Day

Organized by

: NSS Unit

Date

: 31.05.2023 : Virtual Classroom

Venue

: 12:00 noon - 02:00 pm

Time

: 53

No of Students Participated

#### Report of the programme:

On the occasion of World No Tobacco Day on 31st May, 2023 NSS unit of Chapra Bangaljhi Mahavidyalaya, Bangaljhi have organised an awareness seminar on "Health Risks of Consuming Tobacco". Biplab Biswas, SACT, Department of Political Science delivered a lecture. He emphasized the fact that Tobacco attacks not a person but a whole family. The consumer buys slow death for himself and drags along not only health hazards but also financial downfall. 53 students participated in this programme. The programme officer of NSS thanked everyone for their presence and concluded the day's programme.

Signature of Programme Officer

NSS Unit Chapra Bangaijhi Mahavidvalaya P.O. Bangain, P.S. Chabra, Dist. Nagia Signature of Principal

Chapra Bangai,h Manavidyalaya Chapra, Nadia.

# Activity-VI

Name of the Programme

: World Bicycle Day'2023 Celebration

Organized by

: NSS Unit

Date

: 03.06.2023

Venue

: College Campus

Time

: 11:00 A.M. - 02:00 P.M

No of Students Participated

: 38

### Report of the programme:

World Bicycle Day is celebrated every year on 3rd June. The day is celebrated to spread awareness about the benefits of riding a bicycle. In comparison to other means of transportation, the bicycle is a simple affordable, clean and environmentally fit sustainable means of transport. Bicycle is good for physical and mental health, also it is good for the environment and the economy. No doubt cycling is a wonderful workout and keeps us active. It helps to shape a healthy lifestyle. The NSS unit of Chapra Bangaljhi Mahavidyalaya, Bangaljhi, celebrated a World Bicycle Day on 3<sup>rd</sup>June, 2023, at 11:00 a.m. An Awareness rally was organised by Khorsed Alam, NSS Programme officer. In the awareness Rally 38 volunteers has participated. The purpose of this awareness rally is to create awareness about cycling among people so that people can include cycle in their daily routine for fitness. After the rally a seminar was organised in which Chiranjit Pramanik, SACT, Department of Sanskrit delivered a lecture on the significance and necessity of celebrating World Bicycle Day. The Principal thanked everyone for their presence and concluded the day's programme.

Signature of Programme Officer

Programme Officer

Chapra Bangalihi Mahayidvalaya P.O. Bargain P.S. Chapra Dist. Nadia Signature of Principal

# **Activity-VII**

Name of the Programme

: World Environment Day

Organized by

: NSS Unit

Venue

: Room No.15 (Nadia Kaksha)

Date

: 05.06.2023 (Monday)

Time

: 11:00 A.M. – 02:00 P.M

No of Students Participated

: 45

### Report of the programme:

World Environmental Day is celebrated on 05,06.2023. The main aim of the event was to increase awareness among students about the importance of the environment and the need to protect it. On this occasion The NSS unit of this institution assembled in the College at 11:00 am and the programme was started by the inaugural lecture by the Principal, Dr. Niranjan Guha. After that a lecture was delivered by Speaker InasUddin, an environmentalist on how important it is for the future generations to take care of the environment and preserve it. A sit and draw competition and quiz was organised, and students were asked to make a poster related to the environment. The first three winners were given certificates and prizes. The programme was celebrated by tree plantation also. The programme officer Khorsed Alam urged students to perform their duty as responsible citizens towards keeping their country clean. 45 volunteers gathered on that day. The Principal thanked everyone for their presence and concluded the day's programme.

Signature of Programme Officer
Programme Officer

NSS Unit Chaora Bangaini Mahavidyafava In O. Bangaini, 2 S. Chaora, Dist. Nama Signature of Principal

# Activity-VIII

Name of the Programme

: International Yoga Day

Organized by

: NSS Unit

Venue

: Room No.15 (Nadia Kaksha)

Date

: 21.06.2023 (Wednesday)

Time

: 11:00 am - 02:00 pm

No of Students Participated

: 40

### Report of the programme:

International Yoga Day is observed every year on June 21 to raise awareness about this ancient practice and to celebrate the physical and spiritual prowess that yoga has brought to the world. Yoga is a practice which plays an important role in relaxing the mind and body and boosting people's immune system. On this occasion the NSS Unit of this institution arranged a seminar. The event began with a brief introduction on Yoga Day by Dr. Niranjan Guha, Principal. Warm up exercises were taken and all the students practiced & performed sitting and standing asanas. All faculties, staff and students were taught the importance of Yoga in their life & how to maintain the harmony between body and mind. Sri Shakti Dutraj delivered a speech on importance of Yoga. He discussed the importance of yoga in our daily life. The students exhibited yoga postures and promised to introduce this activity in their daily lives. 40 students participated in this programme. The function ended with a vote of thanks by Programme officer, Sri. Khorsed Alam.

Signature of Programme Officer

Chapra Rangalini Manavidyalaya L.O. Bargalini, P.S. Chapra, Dist. Nadia Signature of Principal